

Craig Liebenson, DC

Hands-on Training

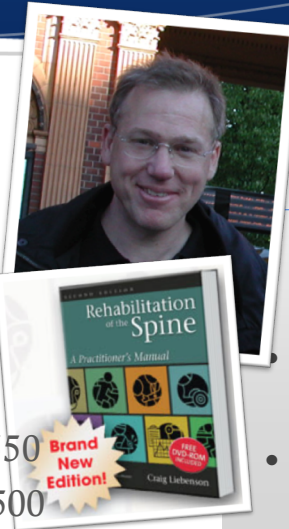
presents

Problem-Solving Workshops

Continuum of Care

Pain Management to
Rehab to
Performance Training

June 11 – 12, 2011
14 Hours
San Francisco, CA



About Dr. Liebenson:

Author, Rehabilitation of the Spine

Author of over 100 articles & 4 books

- Consultant, Athlete's Performance International & Arizona Diamondbacks (MLB)
- Clinic Director, LA Sports & Spine



Course Times:

Saturday: 9 am – 5:30 pm

Sunday 8:30 am – 3 pm

Cost: \$625 register by 3/25/11 \$550
ISCRS members \$550 register by 3/25/11 \$500
Faculty/Students \$500 register by 3/25/11 \$450
Join ISCRS at: www.clinicalrehabspecialists.com)

Location: Chiro-Medical Group
246 First St., #101
San Francisco, CA 94105

Registration: (415) 495-2225

Refund Policy: \$50 non-refundable

Questions regarding course: Daniel.lord@yahoo.com



NEW YORK
CHIROPRACTIC
COLLEGE

14 CE Hours Applied for: CA, WA, OR, ID, AZ, CO, CT, DC, GA, IL, IN, IA, ME, MI, MS, MT, NE, NY, ND, RI, SC, UT, VT, VA*

*as long as the course content complies with the state's license renewal/scope of practice criteria



Course Content:

The Continuum of Care: Pain Management, Rehabilitation to Performance Enhancement bridges the gap from acute care to injury prevention to skills training. This program is ideal for any musculoskeletal practitioner who works with patients or clients that want to enhance their performance. Learn the art of functional assessment of the kinetic chain and how this relates to sports function as well as injury rehab. Particular emphasis will be on the groundbreaking work of Pr.'s Janda & McGill, Gray Cook, Michael Boyle and other leaders in the athletic development field.

Some of the Topics Covered:

- Musculo-Fascial Slings
- Subcortical Reprogramming of Movement Patterns
- The Frontal Plane and Knee Instability
- The Transverse Plane, Upright Posture & Upper Quarter Syndromes
- Kolar-McGill the biomechanical-developmental interface
- Cortical Plasticity & the Neuro Matrix

Workshops will cover:

- Dead Lifts vs Squats: how to stabilize the SIJ & Knee
- Acetabulo-Femoral sensory-motor amnesia: identification & treatment of this underdiagnosed problem
- Anterior rib cage dysfunction and shoulder impingement syndrome: the key role of the diaphragm
- Scapulo-thoracic stabilization, faulty respiration & neck pain
- The Turkish Get Up - Assessing the exercise
- Nordic Hamstring Curls & Janda's Lower Crossed Syndrome

TESTIMONIALS

"Lots of hands-on. Dr. Liebenson is a phenomenal instructor and role model." Joseph Pavin, DC

"Thanks again for the great stuff. Of all the classes that I have taken, nobody gave so many resources." Brian Mock, DPT – Pittsburgh, PA

"I loved the seminar, appreciate the critical thinking, conceptual model, & simplicity of the work. I very much appreciate all the credit you give to your teachers. Marc Heller, D.C. – Ashland, OR

"Thank you for a thought-twisting course. I had a patient with grave postural and breathing problems. I taught her a few of the exercises we learned and she looked in my mirror and exclaimed: "Oh, I am good looking now! I didn't know I could look this way and have this good posture. And I feel no difficulty breathing. Could it be only through these exercises? I hope to be able to attend more of your courses."
Susanne Nordell, P.T. - Malmö, Sweden

License Renewal: Appropriate applications relating to credit hours for license renewal in selected states have been executed for this program.
For information regarding these applications, please contact the NYCC Postgraduate Department at 800-434-3955 x123.